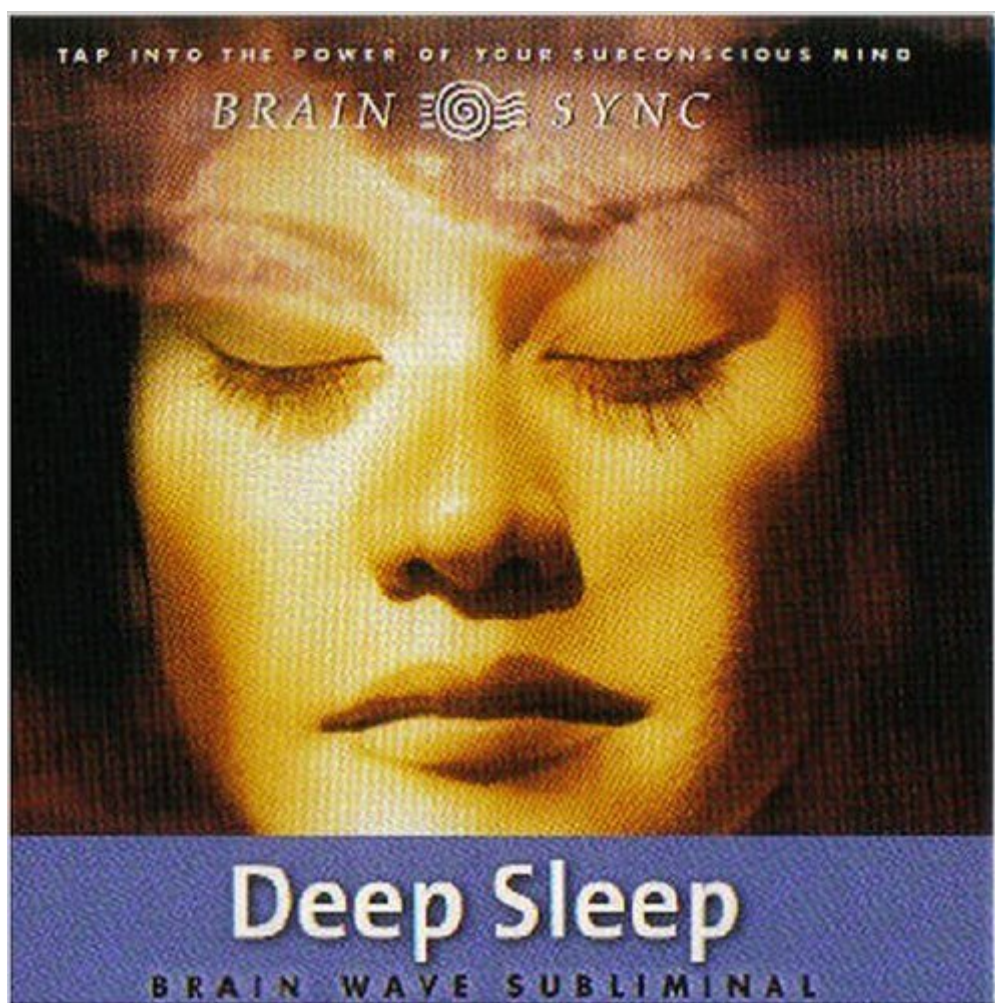


The book was found

Deep Sleep: Brain Wave Subliminal (Brain Sync Series) (Brain Sync Audios)



Synopsis

Experience peace & tranquility Slow down mental activity Retrain your brain to sleep better Rest and sleep more deeply Slip on your headphones, close your eyes and turn out the lights. Within minutes you'll feel like your brain is being massaged. Soothing Delta frequencies, associated with deep restorative sleep, and subliminal messages are masterfully woven into gentle music. As your brain cells resonate with Delta waves, you start to slowly swirl and drift. Pestering concerns are washed away, allowing you to fall into deep sleep states that bring the refreshing slumber your body and mind need for optimum performance.

Book Information

Series: Brain Sync Audios

Audio CD

Publisher: Brain Sync (October 1, 2005)

Language: English

ISBN-10: 1881451836

ISBN-13: 978-1881451839

Product Dimensions: 4.7 x 0.4 x 6.5 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars [See all reviews](#) (27 customer reviews)

Best Sellers Rank: #587,954 in Books (See Top 100 in Books) #75 in [Books > Books on CD >](#)

[Health, Mind & Body > Fitness](#) #187 in [Books > Books on CD > Health, Mind & Body >](#)

[Meditation](#) #197 in [Books > Books on CD > Health, Mind & Body > Relaxation & Meditation](#)

Customer Reviews

I really got into hypnosis and subliminal suggestions when I was much younger (high school and early college). Those old cassette tapes truly helped me to relax before tests/exams and I am sure that my grades improved a bit because of them. After college, I stopped using them. I was too busy working as a stock broker and I got involved in using ephedrine. At the time, ephedrine was a legal otc pill that you could buy from the back of magazines. Basically, it was a form of legalized speed. This is not something that I am proud of myself for, especially since I became addicted to those little pills. I ended up in the hospital and went through withdrawal (terrible feeling). Since then, Congress has made it illegal to sell ephedrine on the open market because it used to be a major component in crystal meth! I didn't know that at the time. Anyhow, I needed to re-learn how to relax on my own, so, I went back to these subliminal cds. I've tried a few and many are interesting, but this one has really

done the trick for me. I've really been feeling great lately and my doctor could see it too. He asked if the sleeping pills that he prescribed me were alright with my stomach. I told him that I no longer take them and I just listen to certain CDs (this is one of them of course). He asked if I could make a copy for him. I did. And he is now in the process of offering this to some other patients. If you're in doubt, just try it. If it's not for you, send it back to the shipper. I am sure you will like it. A couple of points though--it is recommended that you use headphones. I don't always, but it is the best way of getting the fullest result. Also, Do NOT use this cd in your car!

[Download to continue reading...](#)

Deep Sleep: Brain Wave Subliminal (Brain Sync Series) (Brain Sync Audios) Focus and Concentration, Brain Power Boost: Hypnosis, Meditation, and Subliminal: The Sleep Learning System Featuring Rachael Meddows Brain Boost Bundle: Memory, Focus, IQ, Hypnosis, Meditation and Subliminal - The Sleep Learning System Improving Your Memory, Brain Boost: Hypnosis, Meditation and Subliminal - The Sleep Learning System Featuring Rachael Meddows Healthy Sleep: Fall Asleep Easily, Sleep More Deeply, Sleep Through the Night, Wake up Refreshed The 5th Wave: The First Book of the 5th Wave Series Learn Spanish Faster, Open Your Mind to Foreign Language Help: Hypnosis, Meditation and Subliminal: The Sleep Learning System Featuring Rachael Meddows Ghost Wave: The Discovery of Cortes Bank and the Biggest Wave on Earth Praise and Worship: The Essence of Hebrew Worship [Praise and Worship vol 1]: (Praise and Worship Series of books and audios on messianic music) Wiley CPA Exam Review Impact Audios: Financial Accounting and Reporting, 3rd Edition Wiley CPA Exam Review Impact Audios: Regulation, 3rd Edition Wiley CPA Examination Review Impact Audios, Second Edition: Business Environment and Concepts Wiley CPA Exam Review Impact Audios: Auditing and Attestation, 3rd Edition Good Night, Sleep Tight Workbook: The Sleep Lady's Gentle Step-by-step Guide for Tired Parents Sleep Smarter: 21 Essential Strategies to Sleep Your Way to A Better Body, Better Health, and Bigger Success by Shawn Stevenson | Book Summary Includes Analysis Sleep Smarter: 21 Essential Strategies to Sleep Your Way to a Better Body, Better Health, and Bigger Success Healthy Sleep Habits, Happy Child, 4th Edition: A Step-by-Step Program for a Good Night's Sleep Twelve Hours' Sleep by Twelve Weeks Old: A Step-by-Step Plan for Baby Sleep Success Healthy Sleep Habits, Happy Twins: A Step-by-Step Program for Sleep-Training Your Multiples The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night

[Dmca](#)